

Lake Park Nutrition Center

January 2026

LUNCH



OVER 60 - \$6.00
UNDER 59 - \$8.00

All meals served with 1% milk, bread, margarine.

Meals served
Monday - Friday at the
Lake Park City Center
2032 2nd Street
Lake Park.

Meals on Wheels available
delivered to homebound
qualified participants.

Meals are prepared in a
facility that uses wheat,
soy, dairy and nuts.

Menu subject to change.

Thank You for supporting
our local program!

To Reserve or Cancel
call 218-238-5336
BEFORE 9 AM.
Leave a Voicemail

Mon	Tue	Wed	Thu	Fri
			1 CLOSED 	2 Fish Baked Potato Creamed Peas Lemon Bar
5 Chicken Strips Mashed Potato/Gravy Stewed Tomatoes Fruit Salad	6 Baked Ham Mashed Potato/Gravy Baked Squash Whipped Jell-O	7 Pork Chop Boiled Potato/Gravy Peas and Carrots Cake	8 Potato Soup Ham Salad Sandwich Fruit Cup Cookie	9 Creamed Chicken over Biscuit Peas & Carrots Moon Cake
12 BBQ Chicken Breast Baked Potato Green Beans Cookie	13 Pork Roast Mashed Potato/Gravy Carrots Jell-O	14 Mushroom Steak Mashed Potato/Gravy Peas Bar	15 Chicken Noodle Soup Corn Muffin Fruit Salad Rice Krispy Bar	16 Meatloaf Baked Potato Creamed Peas Cake
19 MARTIN LUTHER Liver and Onions (or alternate) Mashed Potato/Gravy Beets Cake	20 Scalloped Potatoes w/ Ham Steamed Broccoli Pudding/Topping	21 Chicken Breast White Rice Parsley Carrots Fruit Cup	22 Chili Cornbread Applesauce Gelatin Brownie	23 Meatballs Mashed Potato/Gravy Green Bean Casserole Pudding
26 Chicken Hotdish Fruit Cup Cookie	27 Tator Tot Hotdish Jell-O Cake	28 BBQ Riblet Baked Potato Mixed Vegetables Cookie	29 Sloppy Joe/Bun Baked Beans Potato Salad Rice Krispie Bar	30 Fish Baked Potato Creamed Peas Lemon Bar